

**St. Dominic's**  
**Outpatient Rehabilitation Services**

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

What are your goals for therapy? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Select any symptoms you have had in the past year.**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Bowel/Stomach Problems | <input type="checkbox"/> Frequent heart burn/indigestion | <input type="checkbox"/> Prolonged Fatigue              |
| <input type="checkbox"/> Chest Pain             | <input type="checkbox"/> Frequent headaches              | <input type="checkbox"/> Seizures                       |
| <input type="checkbox"/> Coordination Problems  | <input type="checkbox"/> Hearing Problems                | <input type="checkbox"/> Sexually Transmitted Disease   |
| <input type="checkbox"/> Cough                  | <input type="checkbox"/> Heart Palpitations              | <input type="checkbox"/> Shortness of Breath            |
| <input type="checkbox"/> Difficulty Swallowing  | <input type="checkbox"/> Hoarseness                      | <input type="checkbox"/> Stress/Tension                 |
| <input type="checkbox"/> Difficulty Sleeping    | <input type="checkbox"/> Joint Pain/Swelling             | <input type="checkbox"/> Unusual lumps, growths or sore |
| <input type="checkbox"/> Difficulty Walking     | <input type="checkbox"/> Loss of Appetite                | <input type="checkbox"/> Urinary Problems               |
| <input type="checkbox"/> Dizziness/Fainting     | <input type="checkbox"/> Loss of Balance/falling         | <input type="checkbox"/> Vision Problems                |
| <input type="checkbox"/> Excessive Thirst       | <input type="checkbox"/> Nausea/Vomiting                 | <input type="checkbox"/> Weakness in Arms/Legs          |
| <input type="checkbox"/> Feeling Downhearted    | <input type="checkbox"/> Numbness                        | <input type="checkbox"/> Weight Loss/Gain               |
| <input type="checkbox"/> Fever/Chills/Sweats    | <input type="checkbox"/> Pain at Night                   | <input type="checkbox"/> Excessive worry, anxiety       |
| <input type="checkbox"/> Other _____            |  |   |

**Select any conditions/diagnoses that you have currently or in the past.**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Arthritis                            | <input type="checkbox"/> Head Injury                                  | <input type="checkbox"/> Recent Falls            |
| <input type="checkbox"/> Asthma                               | <input type="checkbox"/> Heart Disease                                | <input type="checkbox"/> Peripheral Neuropathy   |
| <input type="checkbox"/> Blood Disorders                      | <input type="checkbox"/> High Cholesterol                             | <input type="checkbox"/> Psychiatric Disorders   |
| <input type="checkbox"/> Broken Bones/fractures               | <input type="checkbox"/> High Blood Pressure                          | <input type="checkbox"/> Repeated Infections     |
| <input type="checkbox"/> Cancer                               | <input type="checkbox"/> Infectious Disease (TB, hepatitis, shingles) | <input type="checkbox"/> Seizures/Epilepsy       |
| <input type="checkbox"/> Circulation/vascular problems        | <input type="checkbox"/> Kidney/Liver Problems                        | <input type="checkbox"/> Skin Diseases           |
| <input type="checkbox"/> COPD (chronic obstructive pulmonary) | <input type="checkbox"/> Low Back Pain                                | <input type="checkbox"/> Stomach Problems/ulcers |
| <input type="checkbox"/> Deep vein thrombosis/PE              | <input type="checkbox"/> Multiple Sclerosis                           | <input type="checkbox"/> Stroke                  |
| <input type="checkbox"/> Depression                           | <input type="checkbox"/> Muscular Dystrophy                           | <input type="checkbox"/> Thyroid Problems        |
| <input type="checkbox"/> Developmental/Growth Problems        | <input type="checkbox"/> Osteoporosis (thin bones)                    | <input type="checkbox"/> Vision Impairment       |
| <input type="checkbox"/> Diabetes                             | <input type="checkbox"/> Whiplash/neck injury                         | <input type="checkbox"/> HIV/AIDS                |
| <input type="checkbox"/> Emphysema                            | <input type="checkbox"/> Osteoarthritis                               | <input type="checkbox"/> Spasticity              |
| <input type="checkbox"/> Fibromyalgia                         | <input type="checkbox"/> Parkinson Disease                            | <input type="checkbox"/> Other: _____            |

List any surgeries you have ever had: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**MEDICAL HISTORY QUESTIONNAIRE**



Do you have any allergies? ☐ Foods \_\_\_\_\_ ☐ Medications \_\_\_\_\_  
☐ Latex ☐ Other \_\_\_\_\_

List any prescription medicines you are currently taking.

List any non-prescription medications you are currently taking (including herbal supplements and vitamins).

Please rate your general health: ☐ Excellent ☐ Very Good ☐ Good ☐ Fair ☐ Poor

Have you had any major life changes in the past year? (ex: new baby, job change, death of a family member).

☐ No ☐ Yes (please list): \_\_\_\_\_

Are you currently using tobacco? ☐ No ☐ Yes Used in past? ☐ No ☐ Yes Total years of tobacco use \_\_\_\_\_

Cigarettes: # of packs per day \_\_\_\_\_ Cigars/Pipes: # per day \_\_\_\_\_ Smokeless Tobacco: # dips/chews per day \_\_\_\_\_

Do you currently drink alcohol? ☐ Yes ☐ No Number of days per week \_\_\_\_\_ Average drinks per day \_\_\_\_\_

Select any exercise you do beyond normal daily activities and chores.

- |                                   |  |                                      |  |
|-----------------------------------|--|--------------------------------------|--|
| <input type="checkbox"/> Aerobics | <input type="checkbox"/> Gardening/Yard Work | <input type="checkbox"/> Skating     | <input type="checkbox"/> Weightlifting       |
| <input type="checkbox"/> Biking   | <input type="checkbox"/> Golf                | <input type="checkbox"/> Swimming    | <input type="checkbox"/> Yoga/Pilates/TaiChi |
| <input type="checkbox"/> Boating  | <input type="checkbox"/> Outdoor Activities  | <input type="checkbox"/> Team Sports | <input type="checkbox"/> Tennis              |
| <input type="checkbox"/> Bowling  | <input type="checkbox"/> Running/Jogging     | <input type="checkbox"/> Walking     | <input type="checkbox"/> Other: _____        |

Select any leisure activities that you enjoy.

- |                                      |                                      |                                   |                                       |
|--------------------------------------|--------------------------------------|-----------------------------------|---------------------------------------|
| <input type="checkbox"/> Board Games | <input type="checkbox"/> Sewing      | <input type="checkbox"/> Reading  | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Cards       | <input type="checkbox"/> Travel      | <input type="checkbox"/> Computer |                                       |
| <input type="checkbox"/> Needlework  | <input type="checkbox"/> Woodworking | <input type="checkbox"/> Hunting  |                                       |

With whom do you live? ☐ Alone ☐ Child ☐ Spouse ☐ Other: \_\_\_\_\_

Do you have someone who can help you with daily activities? ☐ No ☐ Yes

Before your injury/illness did you have problems with walking, daily activities, leisure activities, or getting around your home? ☐ No ☐ Yes If yes, which activities? \_\_\_\_\_

Are you currently working?

☐ No ☐ Yes ☐ Full Time ☐ Part Time Position/Duties: \_\_\_\_\_

Are you having pain? ☐ No ☐ Yes If yes, does the pain interfere with your ability to sleep, perform normal daily activities, chores, job, or social activities? ☐ No ☐ Yes Which activities? \_\_\_\_\_

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Time

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist Signature

\_\_\_\_\_  
Time

\_\_\_\_\_  
Date

## MEDICAL HISTORY QUESTIONNAIRE

